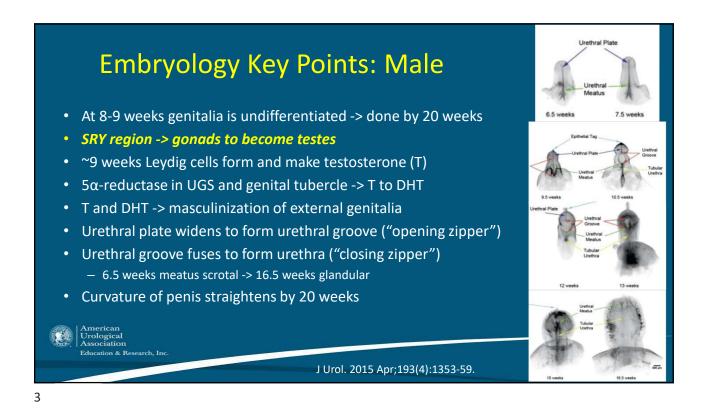
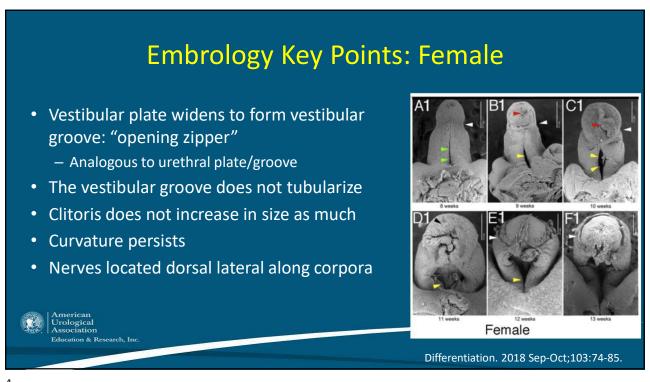


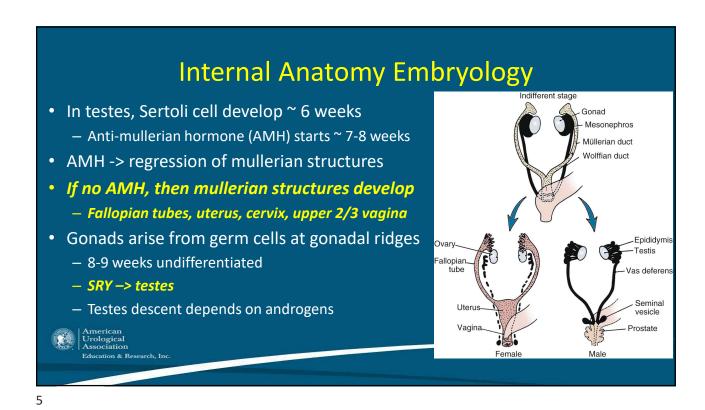
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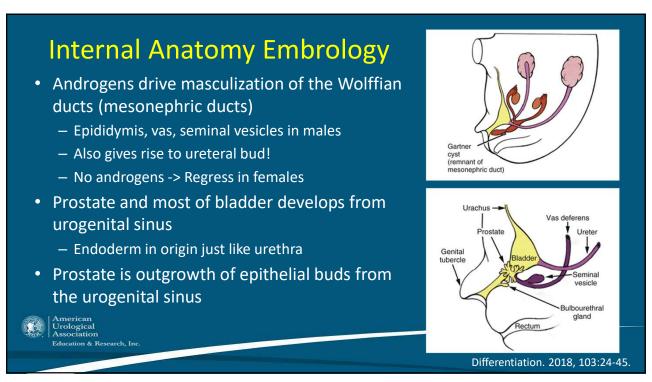
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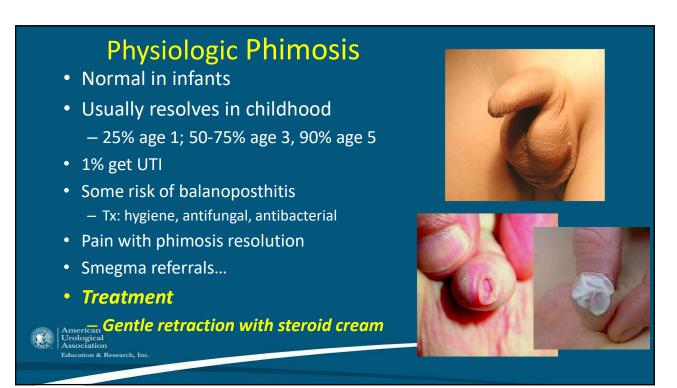
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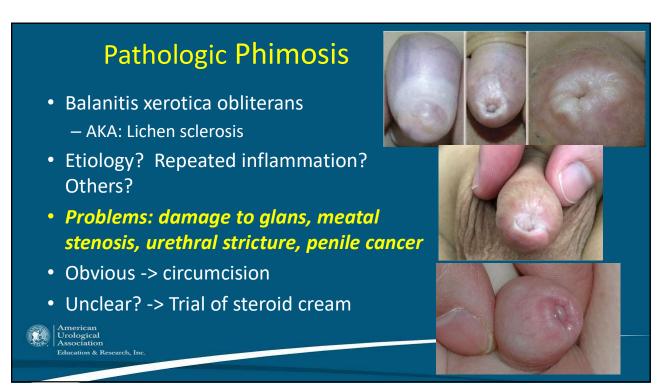


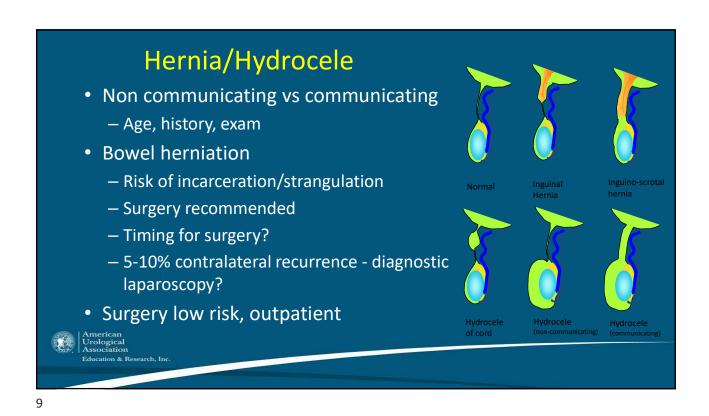


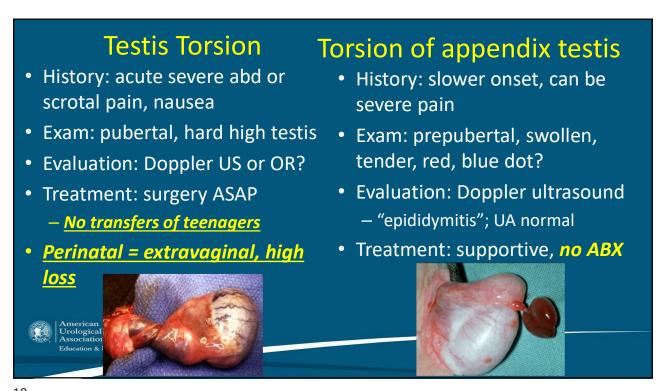








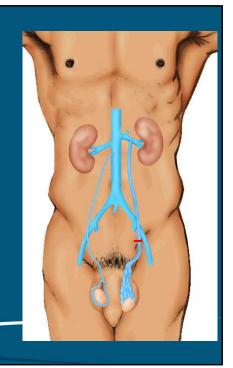




Adolescent Varicocele

- ~15%, 95% left sided; grade 3
- Most with varicoceles not infertile
- Exam lying down and standing. Why?
- Isolated right sided varicocele?
 - AUA guidelines -> no imaging
- Pain, bother, 15-20% smaller, abnormal semen analysis used as indications
- Surgery not proven to help paternity



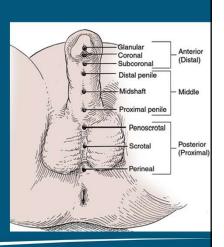


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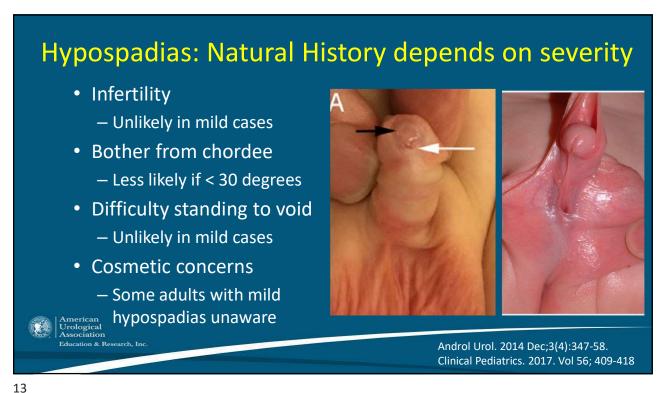
Hypospadias

- ~1 in 150 to 300 births
- Theory: "arrest in development"
 - Incomplete "closing zipper" -> hypospadiac meatus
 - Persistent curvature/chordee
 - Incomplete ventral foreskin
- Associated with IUGR, twin, prematurity
- Most cases isolated
 - Some with mutations (WAGR, Denys Drash)
- Wide spectrum of severity





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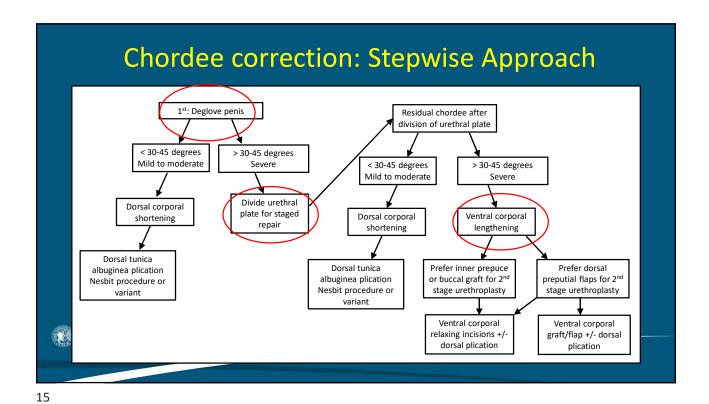


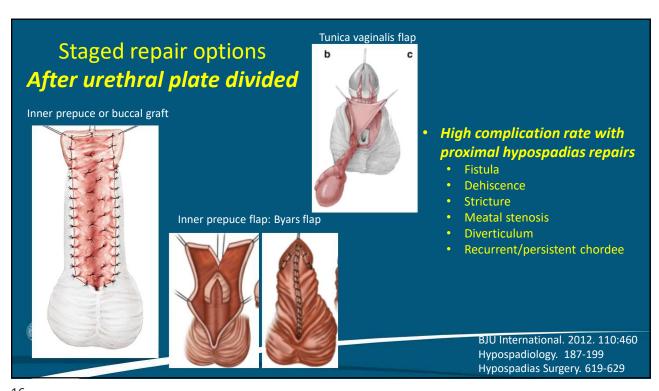
Hypospadias Surgery Goals

- Correct chordee
 - Important step -> staged repair for severe chordee
- Meatus on glans with vertical slit appearance
 - Urethroplasty/meatoplasty
- Cover urethroplasty to help prevent fistula
 - Coverage with dartos/tunica vaginalis flap
- Glans connected over urethra = glansplasty
 - Sometimes not done in severe cases (functional is goal)
- Arrange skin for circumcised appearance (skin coverage)
 - Some will offer foreskin reconstruction for mild cases

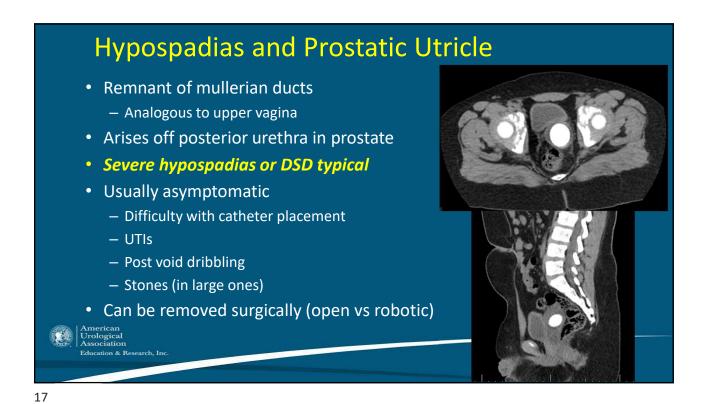


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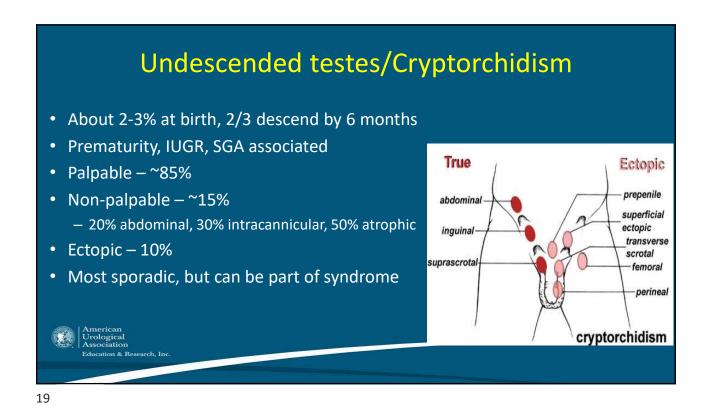
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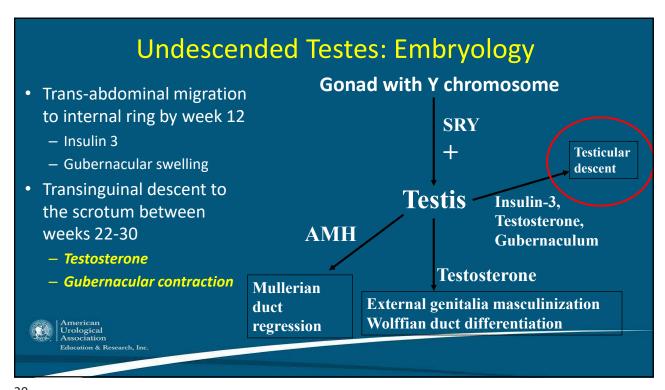


Undescended Testes

| American | Laborated | Laborated

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Undescended Testes: Definitions

- Normal scrotal position
 - Midpoint of testis at or below the midscrotum
- Undescended/cryptorchidism
 - Absence of one or both testis in normal scrotal position
- Agenesis
 - Testis never present, can be associated with ipsilateral mullerian duct persistence
- Acquired cryptorchidism or "ascended" testis
 - Documented normal scrotal position previously, no history of surgery. 1-7% with peak age 8.
- Secondary cryptorchidism
 - Supra-scrotal testis after inguinal hernia repair or orchiopexy
- **Retractile testis**
 - Easily retract above scrotum, but can be brought to normal position.



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Why is Orchiopexy Recommended?

- No spontaneous descent after 6 months
- Optimize fertility potential
 - Reduced germ cells seen after 12 months of age
 - Unilateral UDT paternity essentially normal (90% vs 94% without)
 - Bilateral UDT paternity rate decreased, but optimized with surgery (~60%)
- Testis cancer risk: risk ratios 2-20
 - Prepubertal orchiopexy decreases risk by 50%
- Inguinal hernia
- Cosmetic concerns
- Increased risk of testis torsion



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AUA Guidelines: Diagnosis

- No ultrasound or other imaging prior to referral
- Refer infants with UDT by 6 months
- Bilateral nonpalpable testes -> possible DSD?
- Increasing severity of hypospadias with UDT -> DSD concern
- If bilateral non-palpable and no CAH
 - Can check AMH levels/HCG stimulation test for anorchia
- Retractile testes should be assessed annually



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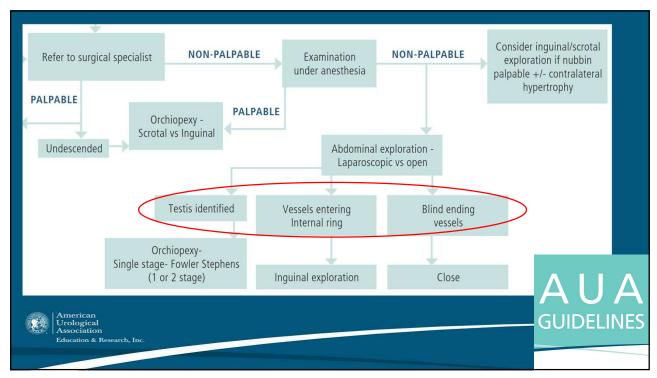
AUA Guidelines: Treatment

- Hormonal therapy not recommend
 - low response and lack of long-term efficacy
- If no descent by 6 months, surgery within 1 year
- Orchiectomy is acceptable if normal contralateral testes and:
 - short vessels/vas; dysmorhpic or hypoplastic testis; postpubertal age
- Status of the testicular vessels guides next steps
- Counsel patients/families regarding long term risks
 - Infertility, cancer

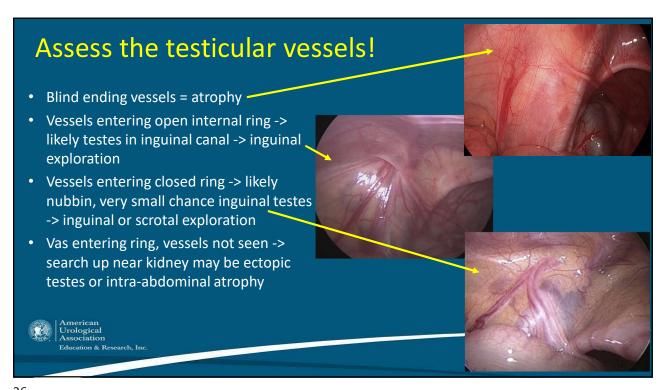




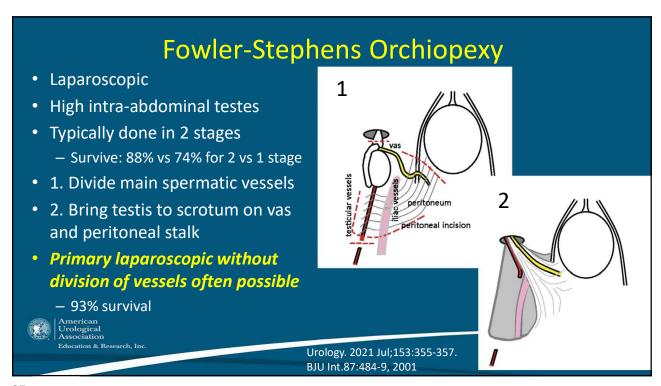
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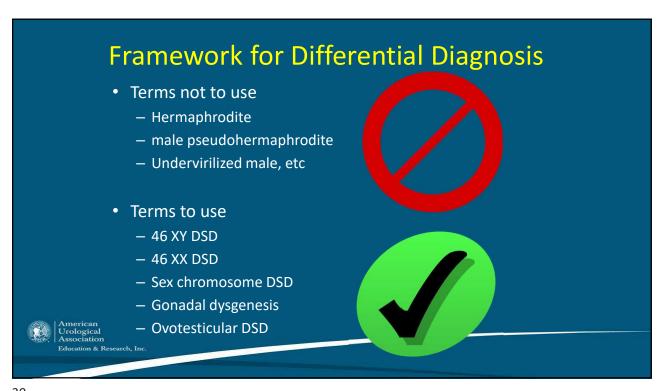
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DSD: Takeaways

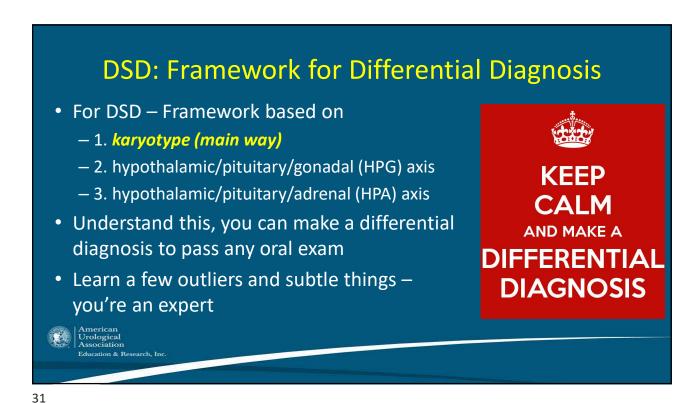
- Framework for differential diagnosis
 - Do not have to memorize it all!
- Do not have to know details about reconstruction
 - Not all pediatric urologists do these cases
- Know approach to newborn with ambiguous genitalia
- There are a few classic diagnoses to know

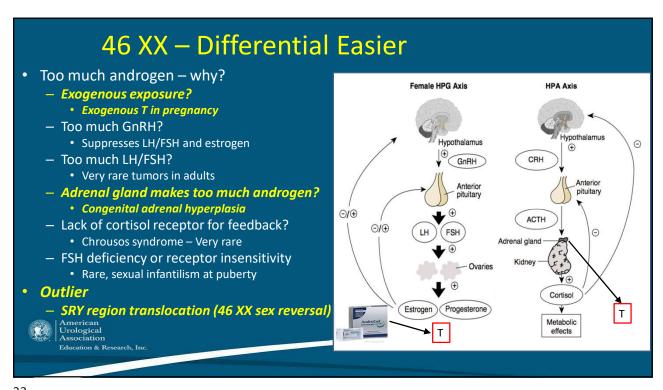


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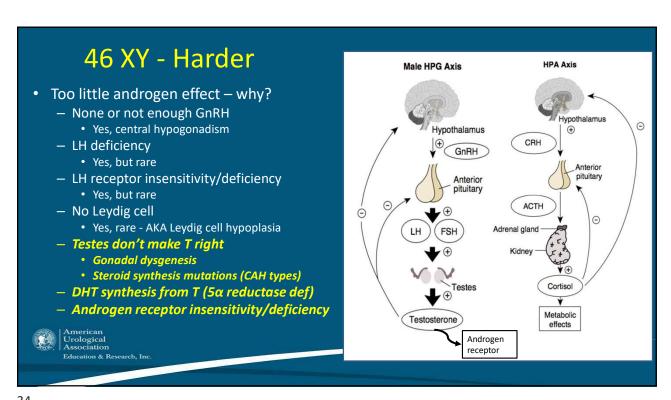


46 XX DSD Differential Diagnosis

- CAH
 - -Over 95% of cases
- Exogenous testosterone
 - -Rare
- Rare XX sex reversal
 - Usually due to SRY translocation event
 - -Outlier, experts know about this



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46 XY DSD Differential Diagnosis

- All steps from pituitary to androgen receptor can lead to problems
- Most common are problems with testosterone production and androgen insensitivity
 - -46 XY gonadal dysgenesis
 - Androgen insensitivity
 - -5-alpha reductase deficiency rare, but interesting



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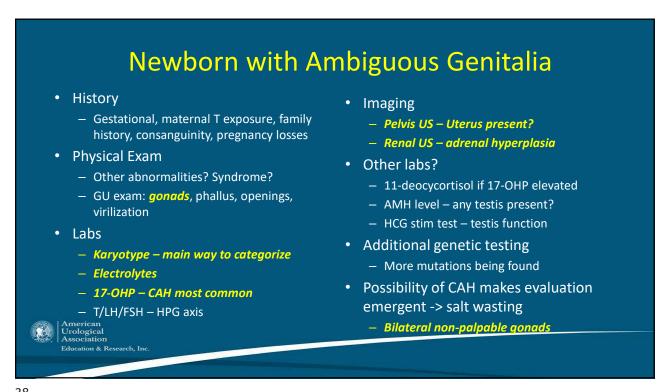
Sex Chromosome DSD and Ovotesticular DSD

- If the chromosomes are not normal, this is called sex chromosome DSD
 - -45 XO/46 XY mosaicism, 47 XXY, 45 XO, etc
- If there are ovary and testis tissue, it is called ovotesticular DSD
 - —Specific DSD category

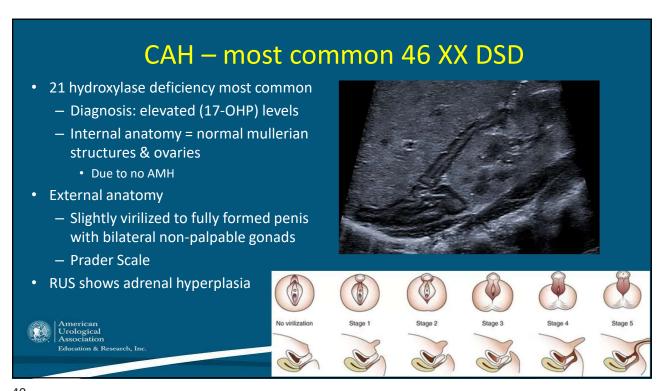


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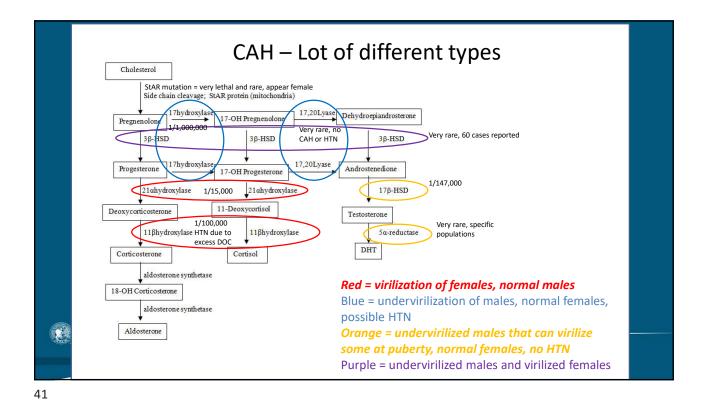








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CAH Medical Management

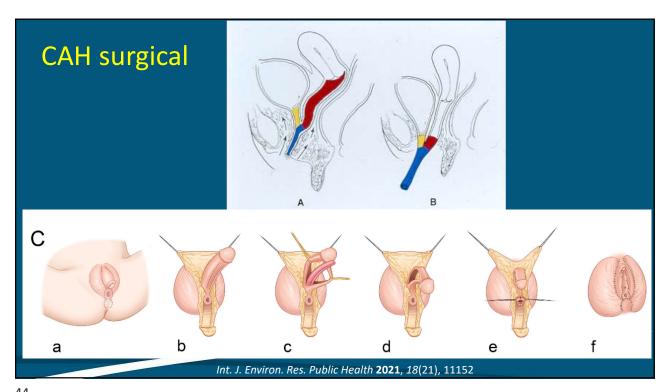
- Salt wasting crisis can be life threatening
 - Classic case is male at 1-2 weeks of life with failure to thrive, dehydration, hyponatremia, hyperkalemic acidosis
 - Tx: Mineralocorticoids, resuscitation, supportive care
- Glucocorticoids -> Prevent further virilization
- Mineralocorticoids -> prevent salt wasting
- Stress dose steroids with illness/surgery
- Monitor bone age; may need growth hormone for height



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CAH Surgical Management • Exam under anesthesia, assess anatomy with genitogram • Feminizing genitoplasty — Surgical correction of genitourinary sinus & vaginoplasty — Allow vaginal intercourse, possibly lower UTI risk • Clitoroplasty — Reduction clitoroplasty, avoid damage to nerves dorsally — Controversial if should be done, many methods • Timing is controversial — Many advocate to wait until assent possible

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Complete Androgen Insensivity Syndrome (CAIS) 46XY -> testes -> testosterone -> AR no good -> Female Presentation: prenatal testing, inguinal hernias in young girls, amenorrhea at puberty Internal anatomy: no Mullerian structures (AMH is present) Normal female external genitalia, minimal pubic hair Breast development occurs – Why? Excess testosterone aromatized to estrogen What to do with gonads?

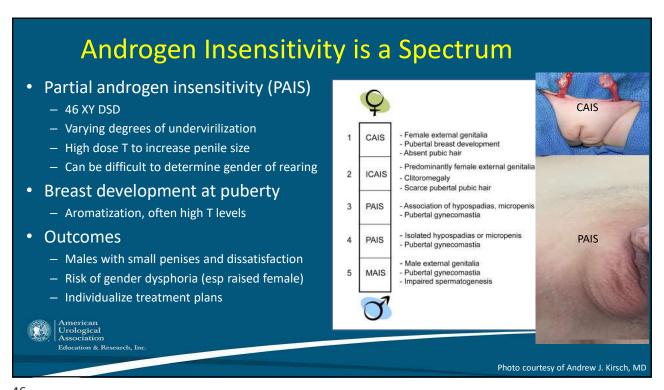
Seek assent, 2-4% lifetime risk of cancer vs estrogen replacement
 Short vagina: dilation usually works, vaginoplasty

• Gender dysphoria rare, 80% will have AR mutation found



Hanne Gaby Odiele: Belgian model and intersex advocate

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5-Alpha Reductase Deficiency: low DHT

- 46 XY DSD, autosomal recessive, rare
- Very undervirilized infants, bilateral UDT; can be missed and raised as female
- Puberty -> virilization, increase muscle mass
- Diagnosis
 - Elevated T:DHT ratio with HCG stim test or puberty (>20:1)
 - Genetic testing





Photo courtesy of Andrew J. Kirsch, MD

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Demystifying Gonadal Dysgenesis

- Gonadal dysgenesis = Gonad formed abnormally
 - Usually due to genetic mutation
- 46XX gonadal dysgenesis
 - Streak gonads -> Female with no puberty
- 46XY gonadal dysgenesis
 - "Partial" phenotype: some gonad function -> wide spectrum
 - "Complete" phenotype: no gonad function -> Female external
- Gonadal dysgenesis with 45 XO/46XY mosaicism
 - Phenotype range: female turner syndrome (45 XO) to male (46XY)

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46 XY Complete Gonadal Dysgenesis: Swyer Syndrome: bilateral streak gonads

- External phenotype: female
- Internal phenotype: mullerian structures are present
 - Bilateral streak gonads = no AMH
- Presentation: no puberty and amenorrhea
 - Can be diagnosed by prenatal testing
- · Sometimes genetic cause found
- Can be fertile with hormones and egg donors (no ovaries)
- XY Streak -> High risk for gonodoblastoma -> bilateral gonadectomy
- Rare gender dysphoria



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46 XY Partial Gonadal Dysgenesis

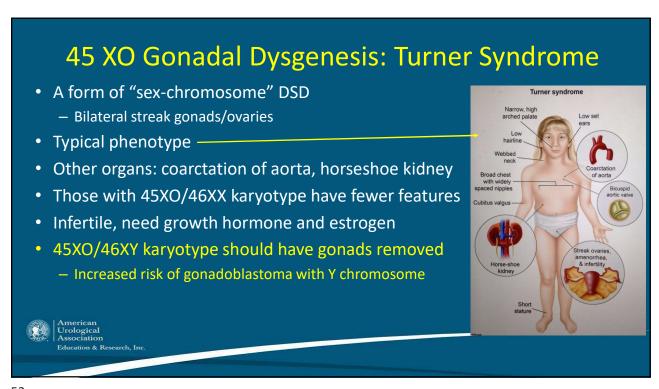
- Phenotype: Ambiguous genitalia with bilateral UDT
 - Wide spectrum of severity and gender of rearing can be difficult
 - Not one condition, but multiple mutations/causes
- Often dysmorphic features, other anomalies
 - Named syndromes, or new mutation, or unknown
- What to do with gonads? Common sense approach.
 - Remove if intra-abdominal, streak appearing, and can't bring to scrotum
 - Orchiopexy for inguinal or lower testes that look "normal"
 - Biopsy at puberty or yearly ultrasounds? Controversial, no standard.
- Typical infertile and may need testosterone supplementation



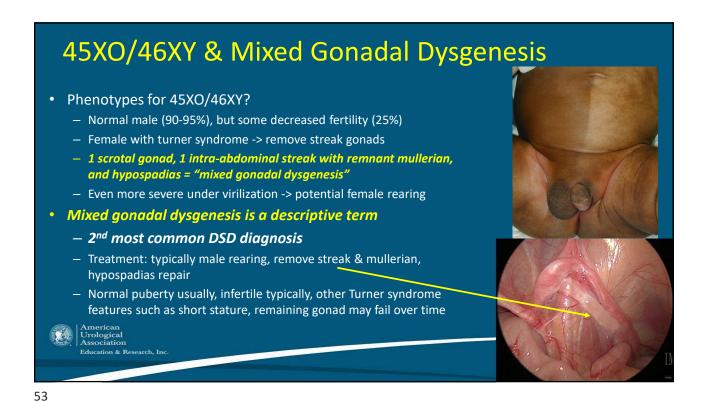
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46 XY Partial Gonadal Dysgenesis: Syndromes Table 2: 46 XY DSD Testicular Development Disorders and Associations **Product** Dysgenetic testes resulting in atypical genital with cryptorchidism Bilateral Wilms tumor Denys-Drash Nephrotic syndrome - Early onset renal failure Kidney 11p13 Autosomal dominant Syndrome /mesangial sclerosis Gonad Frasier Syndrome Streak gonads with high risk of gonadoblastoma Female to atypical (ambiguous) phenotype Renal failure, 2nd decade Adrenal 9q33 NR5A1, nuclear receptor gene Gonad Dysgenetic testis Autosomal dominant Hypothalamic-pituitary-Variable atypical phenotype-Adrenal failure gonad axis Dysgenetic testis or sex reversal Sertoli/AMH External spectrum: Male with UDT to atypical to Campomelio 17g24 Autosomal dominant Gonad dysplasia Shoulder girdle, spine, pelvic anomalies; bowed legs Chondrocytes Cleft palate

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Tumor risk and gonadal dysgenesis Gonadoblastoma = benign tumor composed of gonadal elements (germ cell, sertoli cells, RISK GROUP MALIGNANCY RISK (%) DISORDER stromal cells). High GD*(+Y)† intra-abdominal PAIS nonscrotal 50 Dysgerminoma – tumor similar to Frasier seminoma, arises in gonadoblastoma Denys-Drash (+Y) 40 Dysgenetic gonads with "Y" chromosome 12 Intermediate Turner (+Y) 17β-hydroxysteroid 28 material have increased risk of GD (+Y) scrotal Unknown gonadoblastoma and dysgerminoma PAIS scrotal gonad Unknown The more abnormal the gonad and higher CAIS Low Ovotesticular DSD it is, the higher the risk Turner (-Y) Campbell-Walsh Urology 12 ed

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What Gonads Should Be Removed? In order of decreasing degree of certainty (my own).

- YES: 46 XY Complete gonadal dysgenesis (Swyer syndrome)
- YES: Turner syndrome with Y-chromosome (45XO/46XY)
- YES: Mixed gonadal dysgenesis the streak gonad (45XO/46XY)
- YES: 46 XY partial gonadal dysgenesis intra-abd streak (Denys/Drash)
- ?: PAIS high non-scrotal, abnormal appearing, being raised female
- ?: Ovo-testicular DSD remove part of gonad not consistent with sex of rearing. Consider delaying this until older childhood/assent.
- No?: CAIS after puberty if patient wants them removed or at time of hernia repair if family wants you to.

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Ovotesticular DSD – Separate category

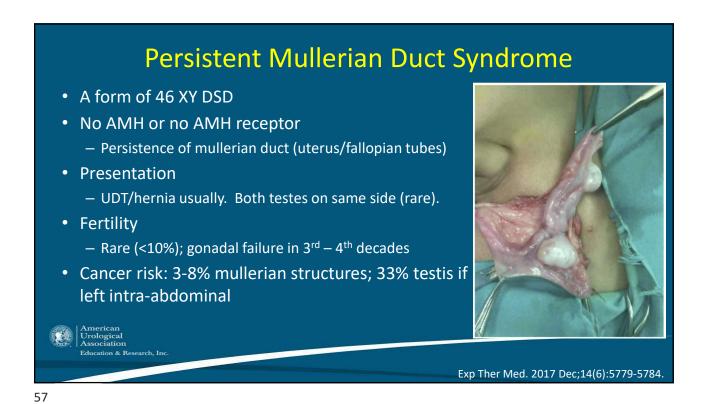
- More common with African descent
- Karyotype usually 46 XX without SRY
- Presence of testis and ovary tissue
 - Any combo, most common ovary or testis on one side and ovo-testis on the other side
- Wide range of virilization
- Gender assignment, surgery, removal of discordant gonad tissue individualized.
 - Consider waiting for age of assent
 - Fertility possible for some if assigned female

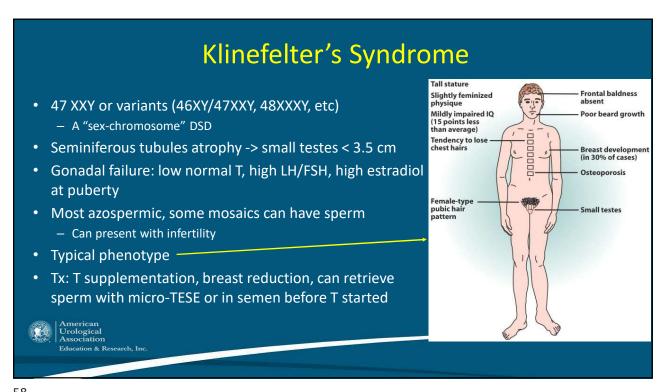






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46 XX Male: Rare

- Rare: 1/20,000 males
- 10% hypospadias, 100% infertile
- 90% are SRY positive, translocation
- Klinefelter-like: hypogonadism, azoospermia, low T with high LH/FSH, gynecomastia
- Tx: individualized. Breast reduction, testosterone replacement

Age

Newborns

Term newborns

Infants and children

0-5 months

6-12 months

Preterm newborns (30 weeks)

Preterm newborns (34 weeks)

Mean

2.5±0.4

3.0±0.4

3.5±0.4

3.9±0.8

4.3±0.8

Mean -2.5 SD

1.5

2.0

25

1.9

23



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Isolated Micropenis

- Endocrinology condition
- Evaluation
 - Karyotype, T, LH/FSH, pituitary imaging
- Etiology
 - central hypogonadism due to pituitary gland problem
 - Kallmann syndrome anosmia
 - idiopathic
- Treatment
 - T or HCG supplementation; male sex of rearing



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